

Cotton Buddies Menu

Breakfast: is served between 7.30am to 8:30am. This includes a choice of cereal with cold milk and toast

Lunch: is served between 11:15am to 12:45pm

PM snack is served between 2pm to 3pm. This includes fruit, breadsticks, crackers, biscuits, milk and water

Tea: is served between 4.30pm and 5pm

Example Lunch Menu

Pork/quorn toad in the hole, peas and gravy	Vegetable pasta bake with cheese	Fish/vegetable fingers, spaghetti hoops, wedges	Red kidney bean & potato curry with plain boiled rice	Tofu curry with couscous
Chicken/quorn curry with rice and naan bread	Quorn bolognese with spaghetti and carrots	Casserole sausages pork/Quorn vegetables and dumplings	Vegetable pasta in tomato sauce with vegetables	Lentil soup with mixed veg rice and bread
Meat free balls with pasta and vegetables	Roast quorn, potatoes, yorkshire puddings vegetables and gravy	Chicken/quorn and vegetable Korma served with rice	Pork/quorn sausages, mash potato, peas, gravy	Chickpea curry with plain boiled rice
Chilli corn carne served with boiled rice	Baked bean pasta bake with cheese	Matter Paneer with boiled rice	Fish/vegetable fingers, spaghetti hoops, potato wedges Fruit yoghurt	Tuna pasta bake with garlic bread

Example Dessert Menu

Rice pudding / milk vermicelli pudding	Greek yogurt with honey / fromage fraise	Semolina pudding / custard	Fresh fruit selection / peaches in juice	Oat flapjacks
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Teatime Menu

Pasta bake with tomato	Scrambled egg and toast	Crumpets and jam Fresh fruit	French toast with banana/berries	Cheese and tomato pizza
Spaghetti hoops on toast	Stir fry noodles with vegetables	Teacake with jam and fresh fruit	Sausage/cheese and onion rolls Sweet potatoes	Warm cheese scone veg sticks
Baked beans on toast	Warm tomato soup with bread roll	Pasta bake with tuna and cheese	Mixed sandwiches Vegetable sticks	Teacakes or fruit scones Veg sticks
Waffles/hash browns with baked beans	Mixed wraps with vegetable sticks	Cheesy macaroni with sweetcorn and peas	Crumpets with Jam Fresh fruit	Croissants and cheese vegetable sticks

Water is available throughout the day, and milk is available at snack times. Fresh fruit is always available as an alternative to pudding. A vegetarian option is provided. Always notify the nursery in writing if your child's dietary needs change. You can check your child's record on the nursery app. The menu is an example of foods we provide weekly, the app will be updated daily with the actual meals for each day.