

## Cotton Buddies Nursery Menu

Breakfast: is served between 8am to 8:30am. This includes a choice of cereal with cold milk

AM snack is served between 10am to 11am. This includes fruit, breadsticks, crackers, biscuits, milk and water

Lunch: is served between 11:30am to 12:30pm

PM snack is served between 2pm to 3pm. This includes fruit, breadsticks, crackers, biscuits, milk and water

Tea: is served between 4pm and 5pm

Lunch Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Pork/Quorn Toad in the hole, peas and gravy  Apple crumble and custard	Vegetable pasta bake with cheese  Fruit yoghurt	Fish/vegetable fingers, spaghetti hoops, wedges  Rice pudding	Meatballs/Quorn balls with rice  Fruit yoghurt	Jacket potato with baked beans and cheese  Mixed fresh fruit
<b>Week 2</b>	Chicken/Soya potato curry with rice and naan bread  Custard and banana	Quorn/Lamb Bolognese with spaghetti and vegetables  Fruit muffins	Pork casserole with vegetables and dumplings  Fruit yoghurt	Vegetable pasta in tomato sauce with garlic bread  Mixed fresh fruit	Vegetable pizza with wedges and baked beans  Fruit yoghurt
<b>Week 3</b>	Stir fry noodles with vegetables  Fruit muffins	Jacket potato with baked beans and cheese  Rice pudding	Chicken and vegetable Korma served with rice  Fruit yoghurt	Fisherman's pie with peas  Mixed fresh fruit	Pork/Quorn sausages, mash potato, peas, gravy  Fruit yoghurt
<b>Week 4</b>	Chilli corn carne served with rice  Fruit muffins	Vegetable pasta bake with cheese and garlic bread  Fruit yoghurt	Chicken/Quorn curry with naan bread and rice  Mixed fresh fruit	Jacket potato with Baked beans and cheese  Rice pudding	Fish/vegetable fingers, spaghetti hoops, potato wedges  Fruit yoghurt

Teatime Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	Margarita pizza slice	Mixed sandwiches made by children	Crumpets and lemon curd	Baked beans on toast	Mini pancakes
<b>Week 2</b>	Spaghetti hoops on toast	Mini pancakes	Mixed sandwiches made by children	Sausage/cheese and onion rolls	Crumpets with cheese and apple slices
<b>Week 3</b>	Baked beans on toast	Warm soup with roll	Mini vegetable pizza	Mixed sandwiches	Teacakes or fruit scones
<b>Week 4</b>	Waffles and baked beans	Mixed sandwiches made by children	Garlic bread	Crumpets with lemon curd and jam	Cheese on toast

Water is available throughout the day and milk is available at snack times. Fresh fruit is always available as an alternative to pudding. A vegetarian option is provided for children who do not eat meat or fish.